# THE WHARTON SCHOOL UNIVERSITY OF PENNSYLVANIA

### THE HEALTH SERVICES SYSTEM - HCMG 841 FALL 2012

Class Meetings: Tuesday/Thursday, 3:00-4:20 p.m.

Room: SH-DH 1206

Course Instructors: Christopher B. Forrest, MD, PhD

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**Office Hours:** Forrest: By appointment (just Email Jo or me to set up a time)

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appointment

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### **Course Objectives**

This course tackles a number of questions regarding the structure, functions, and outcomes of healthcare systems. Although the course has a significant focus on the US health services system, the material is grounded in conceptual frameworks that are applicable to across the world. The course describes the major actors and institutions within any country's healthcare system, and the key strategic, managerial, and financial issues facing industry executives and public policymakers. To simplify the exposition of all this material, we focus sequentially on three major segments in the healthcare value chain:

- **Unit 1:** Producers (pharmaceuticals, biotechnology, medical devices, IT firms)
- **Unit 2:** Payers (insurers, employers, government, consumers)
- **Unit 3:** Providers (hospitals, physicians, nurses, services providers)

#### This course has 10 **specific aims**:

- 1. Describe the major players along the healthcare *value chain*, their interactions, the historical forces that have shaped their current contexts, and their divergent incentives.
- 2. Conduct *global comparisons* of developed and developing nations in terms of the epidemiology of health needs, financing, delivery systems, insurance systems, and technology development.
- 3. Compare the different *technology sectors* in healthcare: pharmaceuticals, biotechnology, information technology, and medical devices.
- 4. Analyze the factors and conditions associated with *entrepreneurship* in life sciences and medical devices.
- 5. Examine alternative ways of *financing and paying for healthcare* and their effects on costs, quality, and access.
- 6. Identify key *challenges that healthcare managers face* ensuring healthcare value.
- 7. Evaluate strategies for improving *quality* for individuals and populations.
- 8. Contrast alternative *delivery system innovations* on care, health, and costs.
- 9. Assess strategies for promoting the *equitable distribution* of healthcare resources.
- 10. Know how to *interpret data* within the context of relevant health services conceptual frameworks.

### **Course Format**

The course is divided into major sections covering each of the three industry segments. Classes involve a mix of the following:

- a) Lectures by professors
- b) Case discussions
- c) Presentations by industry leaders
- d) Student engagement

NOTE #1: As common courtesy to our speakers and fellow students, you will please refrain from using all computers and electronic devices in class. Beverages are permitted; eating is not.

NOTE #2: As common courtesy to our speakers and fellow students, you will please turn off all cell phones prior to the start of class.

#### **Readings**

Assigned readings for the course are found online or on Canvas (organized into folders for each class). Location of assigned readings is identified in the Session Schedule and Learning Agenda; in most cases they will be available from Study.Net.

*In addition, there is a required textbook:* 

*The Business of Healthcare Innovation*, Lawton Burns, ed. Cambridge University Press, 2<sup>nd</sup> edition, 2012.

Copies are available in the bookstore or can be ordered through Amazon.com.

Those of you who have relatively little background in healthcare are advised to consult an introductory text on the health care system. The books are primers that do not go into detail on any particular issue but may serve as a good road map. Unfortunately, they are all US-centric.

- 1. Kovner and Knickman, *Jonas and Kovner's Health Care Delivery in the United States* (10<sup>th</sup> Ed., Springer, 2011).
- 2. Williams and Torrens, *Introduction to Health Services* (7<sup>th</sup> Ed., Delmar Press, 2007).
- 3. Shi and Singh, *Delivering Health Care in America* (5<sup>th</sup> Ed., Jones & Bartlett, 2011).
- 4. Sultz and Young, *Health Care USA: Understanding its Organization and Delivery* (7<sup>th</sup> Ed., Jones & Bartlett Learning, 2011).

Also of interest are three first-rate histories of the US health care system (hospitals and physicians), which are useful for understanding why our system looks and functions the way it does. Much of this material is integrated into lectures. The books are:

- 1. Paul Starr, The Social Transformation of American Medicine (Basic Books, 1982).
- 2. Rosemary Stevens, American Medicine and the Public Interest (University of California

Press, 1998).

3. Rosemary Stevens, *In Sickness and In Wealth: American Hospitals in the Twentieth Century* (Johns Hopkins University Press, 1999).

For those with a deep interest in health insurance, we recommend:

• Morrisey MA. Health Insurance (Health Administration Press, 2008)--Chapter 1 from this text is required reading for the health insurance session (reading # 11 in the Study.net course pack.

### **Evaluation**

### 1. Mid-Term Examination [25 points] Thurs October 18th

The exam will be a take-home exercise. It will test your ability to interpret key industry trends (e.g., draw implications of changes in one sector for firms in another sector, draw conclusions from a set of charts/tables). Submissions must be posted to Canvas by **3pm on October 18**<sup>th</sup> and students should drop off a hard copy to the classroom during normal class hours (3:00-4:20pm) to Professor Forrest on that day. Students should not discuss the exam or work in groups.

### 2. <u>3 Case Write-ups – by Segment</u> [10 pts each/ 30 pts total] Oct 8<sup>th</sup>, Nov 5<sup>th</sup>, Nov 28th

Learning teams will analyze three cases—one for each of the main segments of the course. Students are expected to discuss the cases with their learning teams but will be responsible for submitting a SEPARATE write-up. These assignments are designed to give students a closer look at managerial and strategic issues across segments. For each case, teams should address the questions posed in the syllabus. Case write-ups should adhere to the following guidelines: 5 page limit, 1.5 spacing, single-sided, 12 point font, maximum of two additional pages for charts and references. We will discuss the cases in class, as well. Please post to Canvas by 11:59pm on the due dates listed above.

### 3. <u>Final Examination</u> [30 points] <u>TBD</u>

Like the mid-term, the exam will be a take-home exercise. Details will be distributed after the mid-term. The exam will have a heavier focus on the second half of the course, but will require students to integrate across the full range of material presented during the semester.

### 4. Engagement [15 points]

Students learn best when they are actively engaged in their learning. At a minimum, this means attending lectures. Class attendance will be taken. In addition, students will be

required to make a posting on the course blog in response to a question related to the course content. There will be one to two postings per major unit—5 in total. The content of the postings will not be graded, but the discussions will be monitored by course faculty and staff.

In addition, small groups of students (3-4 students) will be responsible for one class session. The small group will summarize (in prose) the assigned readings and speaker presentation for that class. The class summary should be two pages in length: one page on the readings, and one page on the speaker presentation. The group's summary must be submitted electronically to Drs. Forrest and Sammut, who will review, approve, and then post on Canvas to enable access for the entire class. Teaching assistants will facilitate the formation and matching of student groups with class sessions.

### **Wharton MBA Grading System**

Per the MBA Program requirements, grades will be based on a A,B,C,D,F system, with +/-distinctions. The Class MBA grade point average cannot exceed 3.33. The Wharton MBA Program recommends a distribution of 25-35% A's, 60% B's, and 5-15% C or below.

### **Quality Circle**

To enhance the learning process, it is important to evaluate the course on a real time basis and to make both short-run improvements and longer-term changes as needed. To this end, each learning team will select a representative to serve with the Instructors and the TAs as a Quality Circle to discuss course progress and provide feedback on any and all aspects of the course. A meeting is scheduled for Thursday October 11th immediately following class.

## **HCMG 841: The Health Services System**

# Session Schedule and Learning Agenda

Sess	Date	Topic/Lecturer	Reading Assignments and Deliverables	Session Objectives and Questions
PRE-S	SESSIONS			
A	Weds Aug 8	The Health Services System Christopher Forrest	From: Business of Healthcare Innovation, Lawton Burns, ed. Cambridge University Press, 2 <sup>nd</sup> edition, 2012. Read: Burns. Chapter 1: "The Business of Healthcare Innovation in the Wharton School Curriculum" by Burns	This pre-session will provide an overview of the health services system.  At the conclusion of the reading and the lecture, students should be able to:  1. Describe what a health services system is 2. Characterize the major players along the health care value chain 3. Describe the structure-process-outcome framework 4. Identify early historical forces that have
В	Thurs	Challenges to Health Services	Read:	shaped the development of medicine This pre-session will provide an overview of the
В	Aug 9	Systems Systems	Study.net # 1	challenges to the production of healthcare value.
		Christopher Forrest	Berwick DM, Nolan TW, Whittington J. The Triple Aim: Care, Health, and Cost. <i>Health Affairs</i> 2008; 27:759-769.	At the conclusion of the reading and the lecture, students should be able to:  1. Define access, quality, and costs – the three-legged stool of a health care system  2. Identify key access, quality, and cost challenges that any health system must address  3. Evaluate how changes in one of the "legs" can affect the others  4. Define the "triple aim" and articulate why a systems perspective is needed to achieve it.

OVERV	OVERVIEW and COMPARATIVE HEALTH SYSTEMS				
1	Thursday	Obesity and Its Impact on Health	Read:	Health systems are organized and financed to	
	Sept 6	Systems	Study.net # 2	address the needs of individuals and populations.	
				Obesity is arguably the most important health	
		Christopher Forrest	Richard D. Smith and Kara	problem facing the nation, and among the most	
		Stephen Sammut	Hanson, "What is a 'Health	impactful globally. This session will examine how	
			System." Chapter 1 in	obesity is affecting the demand on and development	
			Richard D. Smith and Kara	of health systems.	
			Hanson, eds. <i>Health Systems</i>	, and the second	
			in Low- and Middle Income	At the conclusion of the reading and the lecture,	
			Countries: An Economic and	students should be able to:	
			Policy Perspective. Oxford		
			University Press, 2012	Describe the components and interrelations	
			,	of a health system.	
			Study.net #3	2. Contrast a health system with health services.	
			Knai C, Suhrcke, M, and	3. Articulate the causes and epidemiology of	
			Lobstein T. Obesity in	obesity and its health-related effects.	
			Eastern Europe: an overview	4. Using obesity as a case study, discuss how	
			of its health and economic	health needs affect the organization and	
			implications. Economics and	financing of health systems.	
			Human Biology 2007; 5:392-	5. Forecast how the health system may change	
			408.	if obesity trends worsen or improve.	
			Study.net #4		
			Yang YT and Nichols LM.		
			Obesity and health system		
			reform: private vs public		
			responsibility. Journal of		
			Law, Medicine & Ethics.		
			2011;39:380-386.		
2	Tuesday	Comparative Health Systems I:	Read:	This session will provide frameworks for examining	
	Sept 11	OECD Countries	Study.net #5	the health systems of any country with a special	
	_		Anderson GF, Frogner BK.	emphasis on developed countries. The lecture will	
		Christopher Forrest	Health spending in OECD	focus on the systems of OECD, and will delve	
		1	countries: obtaining value per	deeply into the Dutch system as a case study of a	
			dollar. Health Affairs	national health insurance scheme with private	
			2008;27:1718-1727.	insurance, a regulated market competition, and an	
	1	I.			

				individual mandate.
			Study.net #6	
			From:	At the conclusion of the reading and the lecture,
			Health Systems, Health,	students should be able to:
			Wealth and Societal	
			Well-being: Assessing the	Conceptualize health systems in developed
			case for investing in health	nations.
			systems, Josep Figueras and	2. Describe the relationships between health
			Martin McKee, eds. McGraw	spending, quality, and outcomes at the
			l ·	national level.
			Hill Open University Press,	
			2012.	3. Contrast the US to OECD countries in terms
			Read:	of healthcare value per dollar spent.
			Chapter 2. Durán, Kutzin,	4. Evaluate why the US has exceptionally high
			Martin-Moreno, Travis.	costs of care.
			"Understanding health	5. Identify and critique lessons from the Dutch
			systems: scope, functions	health services system for the US.
			and objectives." Pp 19-36.	
3	Thursday	Comparative Health Systems II:	Read:	This session will provide a framework for examining
	Sept 13	<b>Emerging Markets and</b>	Study.net #7	the healthcare systems of any given country, with a
		<b>Developing Countries</b>	Global Health: Systems,	special emphasis on emerging and frontier market
			Policy, and Economics by	countries. The lecture will focus on the systems of
		Stephen Sammut	Walter Jones, Chapter 3 of	China, India, Peru and Nigeria.
			Comparative Health Systems:	
			Global Perspectives by	At the conclusion of the reading and the lecture,
			James A Johnson and Carleen	students should be able to:
			H. Stoskopf, Jones & Bartlett,	
			2010.	1. Conceptualize health systems in developing
				nations.
			Study.net #8	2. Identify the factors affecting worldwide
			Lucy Gilson, "Health Systems	health policy making.
			and Institutions" Chapter 2 in	3. Describe the Policy Marketplace Model.
			Richard D. Smith and Kara	4. Describe the Policy Systems Model.
			Hanson, eds. Health Systems	5. Describe basic frameworks for measuring
			in Low- and Middle Income	health outcomes.
			Countries: An Economic and	6. Describe the similarities and differences
			Policy Perspective. Oxford	between healthcare systems in OECD
			University Press, 2012	countries, emerging markets and frontier
				markets.
<u> </u>	II.	I .	2	

UNIT 1	UNIT 1: PRODUCERS/SUPPLIERS				
4	Tuesday Sept 18	The World of "Producers" in the Health Care Industry  Stephen Sammut	From: Business of Healthcare Innovation, Lawton Burns, ed. Cambridge University Press, 2 <sup>nd</sup> edition, 2012.  Read: Chapter 1: "The Business of healthcare innovation in the Wharton School Curriculum" by Burns (previously assigned)  Chapter 8: "Healthcare Innovation Across Sectors: Convergences and Divergences" by Burns, Lawrence and Sammut	At the conclusion of the readings and the lecture, students should recognize the 4"Ps" of the healthcare system, describe the healthcare value chain, and identify the role, structure and dynamics of the producers of pharmaceuticals, devices and supplies in healthcare. Specifically, students should be able to comment on:  1. Innovation and the value chain in healthcare; 2. Technology as a driver; 3. Convergence of technologies across sectors; 4. Impact of tech sectors on national and local economies; 5. Similarities and differences across producer sectors; and, 6. Factors driving convergence.	
5	Thursday Sept 20	Overview of the Pharmaceutical and Biotech Industries I Stephen Sammut	Read:  Business of Healthcare Innovation, Burns. Chapter 2:  "The Pharmaceutical Industry: Re-booted and Re- invigorated" by Northrup	At the conclusion of the readings and the lecture, students should be able to:  1. Succinctly describe the characteristics and dynamics of the pharmaceutical sector.  2. Describe segments and product markets in the sector.  3. Identify the determinants of pharmaceutical pricing and insurance in the largest markets.  4. Describe the key steps in the R&D value chain.  5. Characterize prevailing business models in the sector and the challenges confronting these models.  6. Describe pharmaceutical promotional strategies and contrast these with other	

6	Tuesday Sept 25	Overview of the Pharmaceutical and Biotech Industries II	Read: Business of Healthcare	industries. 7. Understand the general regulatory framework. 8. Describe the globalization of the industry. At the conclusion of the readings and the lecture, students should be able to:
		Stephen Sammut	Innovation, Burns. Chapter 4:  "The Biotechnology Sector-Therapeutics" by Pfeffer  Note: This chapter is 150 pages; students are not expected to read it in its entirety. Emphasize these sections:  1. Impact on healthcare (205-212)  2. Business models (225-236)  3. Biotech-pharma relationship (247-270)  4. Global structure (274-302)  5. Regulation and policy (303-325)	<ol> <li>Describe the impact of biotechnology on healthcare and enumerate the impact on disease states.</li> <li>Describe the business models adopted by biotechnology companies and explain why these have been subject to variability and change.</li> <li>Describe the scientific and commercial forces that have prompted the pharmaceutical industry to collaborate closely with biotech.</li> <li>Identify some examples of collaboration.</li> <li>Identify status and trends in the industry in the US, Europe, Asia and Australia.</li> <li>Describe the major regulatory policies that have affected the biotechnology sector.</li> <li>Contrast regulation in the US with regulation in Europe and Japan.</li> </ol>
7	Thursday September 27	Overview of the Medical Device Industry	Read:  Business of Healthcare	At the conclusion of the readings and the lecture, students should be able to:
	_,	Stephen Sammut	Innovation, Burns. Chapter 6: "The Medical Device Sector" by Kruger and Kruger	<ol> <li>Describe the historical evolution of the medical device sector.</li> <li>Identify the major players in the industry and characterize their product offerings.</li> <li>Describe the drivers and constraints to growth.</li> <li>Describe the major technologies at work.</li> </ol>

8	Tuesday	The Role of Alliances in Health	Read:	<ol> <li>Describe developmental challenges.</li> <li>Identify key ethical issues, e.g., conflicts of interest for physician developers.</li> <li>Describe trends in financing and the impact of sector consolidation.</li> <li>Identify trends in regulatory change.</li> <li>Describe the impact of healthcare reform on the sector.</li> <li>Mr. Rawcliffe is an experienced and highly</li> </ol>
	Oct 2	Guest Speaker:  Adrian Rawcliffe Senior Vice President Business Development GlaxoSmithKline  Mr. Rawcliffe served as the Senior Vice President of Worldwide Business Development for Research and Development at GlaxoSmithKline Plc. since December 19, 2006. He was a Managing Partner at SR One Ltd. Mr. Rawcliffe joined GlaxoSmithKline PLC in June 1, 2005 and served as its Vice President of Transactions and Ventures Group since 2003 and also the Vice President of Genetics and Discovery Deal Structuring. Mr. Rawcliffe also worked with PricewaterhouseCoopers LLP. He serves as a Member of the Board of Directors at Morphotek, Inc. and Altiris Therapeutics, Inc. and a Board Observer at AlgoRx Pharmaceuticals, Inc. He serves as Director of Human Genome Sciences Inc., and Evergreen Fund (S.R. One Ltd.). He serves as a Director at The Pennsylvania Biotechnology Association. Mr. Rawcliffe received a B.Sc. in Natural Sciences (Biochemistry) from University of Durham in England.	Business of Healthcare Innovation, Burns. Chapter 3: "Pharmaceutical Strategy and the Evolving Role of Mergers and Acquisitions" by Burns, Nicholson and Wolkowski  Optional Reading: Business of Healthcare Innovation, Burns. Chapter 5: "Biotechnology Business and Revenue Models: Implications for Strategic Alliances and Capitalization" by Sammut	respected business development professional who has originated and executed scores of M&A, alliance and technology licensing transactions. Using the assigned reading as a framework and the insights of the lecture, students should be able to form opinions on the following issues:  1. The drivers of M&A and alliance activity in the industry. 2. M&A trends among firms. 3. The rationales and investment theses of two or three significant transactions. 4. The impact of M&A on performance. 5. The value of M&A and determine if it is part of the industry's growth problem. 6. The problems associated with integration. 7. Whether there is value and from where it arises. 8. The future of M&A and its effect on the value chain of innovation.

9	Thursday	Innovation Management in R&D	Read:	The problem of innovation in pharmaceuticals and
	Oct 4		Study.net #9	biotechnology is a topic ripe for discussion in class
		Guest Speaker:	Danner, Stephan et al.	and on the course blog. Dr. David U'Prichard is an
		Guest Speaker.	"What's Next: Innovating the	accomplished academic, entrepreneur, venture
		David C. U'Prichard, Ph.D.	Concept of Innovation in the	capitalist and former Chairman of International
		Former President	Pharmaceutical Industry."	R&D at GSK. He has managed the problem of
		International R&D	Roland Berger Consulting	innovation from all sides.
		GlaxoSmithKline	Group, 2010	innovation from an sides.
		and	Group, 2010	Using the assigned reading as a framework and the
		Partner, Red Abbey Ventures		insights of the lecture, students should be able to
		Tarther, Red Abbey Ventures		form opinions on the following issues:
		Dr. David C. U'Prichard currently serves as a President		form opinions on the following issues.
		of Druid Consulting LLC, and as a Venture Partner at		What makes innovation the fundamental
		Red Abbey Venture Partners (Baltimore). During 2003 - 2006, he was a Venture Partner for Apax Partners		
		Ltd. and Care Capital LLC . Prior to that he was CEO		challenge? 2. Choosing therapeutic areas
		of 3-Dimensional Pharmaceuticals, Inc. During that time he took 3DP public and ultimately sold it to		
		Johnson & Johnson. From 1997 to 1999, Dr.		3. Beyond pills – redefining the role of the
		U'Prichard served as Chairman of Research and Development at SmithKline Beecham. Prior to		industry
		SmithKline Beecham, he worked for ICI/Zeneca from		4. Financing innovation
		1986 to 1997, as Executive Vice President and International Research Director from 1994 to 1997.		5. Approaches to innovation management
		international Research Director from 1994 to 1997.		6. Fostering and managing creativity
		Dr. U'Prichard received his Ph.D. in Pharmacology		
		from the University of Kansas. He has held academic		
		appointments at Northwestern University, Johns Hopkins University and the University of Pennsylvania		
		and is an Honorary Professor at the University of		
		Glasgow. He is also an author of more than 100 primary and review publications, was a founding co-		
		editor of Molecular Neurobiology, co-editor of		
		Epinephrine in the Central Nervous System and has served as a member of various editorial boards.		
		Dr. U'Prichard is Chairman of the Board of Cyclacel		
		Pharmaceuticals Inc. (NASDAQ: CYCC, Berkeley Heights, NJ) and Oxagen Ltd (Oxford, UK) and serves		
		on the Board of Directors of Life Technologies Corp		
		(NASDAQ: LIFE, Carlsbad, CA), Silence Therapeutics PLC (AIM:SLN, London, UK), Naurex, Inc. (Chicago,		
		IL), Angstrom Pharmaceuticals (San Diego, CA), and		
		Ocimum Biosolutions (Gaithersburg, MD and		
		Hyderabad, India). Dr. U'Prichard was Chairman of the Pennsylvania Biotechnology Association and has		
		served on the boards of BioAdvance, Ben Franklin		
		Technology Partners and the Bioethics Institute of the University of Pennsylvania.		

10	Tuesday Oct 9	Case Study #1 Wyeth: Spurring Scientific Creativity with Metrics  Stephen Sammut	Read and Analyze Case: Study.net #10  "Wyeth: Spurring Scientific Creativity with Metrics"  Post Case Memo on Canvas by 11:59 PM, Monday, October 8.	<ol> <li>What are the distinctive features of Ruffolo's "New Way of Working" model? How likely do you think the model is to improve R&amp;D productivity at Wyeth? Why?</li> <li>Ruffolo noted "Once you have realized that you can't have the best scientists, the goal becomes to build the best processes." How do you view the relative importance of people and processes in Pharmaceutical R&amp;D?</li> <li>What is your assessment of Wyeth's decision to raise the performance metric for development track (DT) compounds from 12 to 15?</li> <li>What changes, if any, to the model would you suggest?</li> </ol>
Unit 2:	PAYERS  Thursday Oct 11	Health Insurance Christopher Forrest	Read: Study.net #11 Health Insurance, Morrisey. Chapter 1: "History of Health Insurance in the United States." Health Administration Press, 2008.  Study.net #12 Gary Claxton and Jane Lundy. How Private Insurance Works: A Primer. Kaiser Family Foundation, April 2008.	At the conclusion of the readings and the lecture, students should be able to:  1. Describe and define the principles of insurance.  2. Assess the history, structure, and role in the health services system of insurance.  3. Analyze the structure, functions, and roles of managed care in the health system.  4. Evaluate how insurance design affects the triple aim of care, health, and costs.

12	Tuesday Oct 16  Thursday O hours.	Vulnerable Populations and the Health Services Safety-Net  Christopher Forrest Aditi Sen  october 18 – NO CLASS; MID-TERM	Read: Study.net#13 Kaiser Family Foundation. Medicare: A Primer. 2010. Also available at: <a href="http://www.kff.org/medicaid/7334.cfm">http://www.kff.org/medicaid/7334.cfm</a> Study.net # 14 Kaiser Family Foundation. Medicaid: A Primer. 2010. Also available at: <a href="http://www.kff.org/medicare/7615.cfm">http://www.kff.org/medicare/7615.cfm</a> DUE @ 3 PM on Canvas and in the study of th	At the conclusion of the readings and the lecture, students should be able to:  1. Characterize the concept of vulnerability. 2. Assess the demands that vulnerable populations exert on a health services system. 3. Describe the financing and organization of the health services safety-net in the US. 4. Contrast differences between Medicaid and Medicare in terms of eligibility, coverage, benefits, and financing. 5. Evaluate why federally qualified health centers have been such a popular safety-net policy option in the US.
	Tuesday Oc	tober 23 – NO CLASS (Fall Break)		
13	Thursday Oct 25	Medicaid, SCHIP & State Health Insurance Reforms  Guest Speaker:  Nancy Turnbull Senior Lecturer on Health Policy, Harvard School of Public Health; Former First Deputy Commissioner, Massachusetts Division of Insurance	Read: Study.net #15 Raymon AG. Massachusetts health reform: a five-year progress report. Blue Cross Blue Shield of Massachusetts Foundation. November, 2011. Available at: https://www.mahealthconnect or.org/portal/binary/com.epic entric.contentmanagement.ser vlet.ContentDeliveryServlet/ Health%2520Care%2520Refo rm/Overview/BlueCrossFoun	At the conclusion of the readings and the lecture, students should be able to:  Nancy Turnbull has been an active participant in the passage and implementation of health reform in Massachusetts, including serving as the consumer representative on the board of the Massachusetts Health Insurance Connector, the state's health insurance exchange. She brings an unusual mix of real-world experience and academic perspective to our discussion of state health services reform of the insurance industry.  At the conclusion of the readings and the lecture,

			dation5YearRpt.pdf	students should be able to:
			Study.net # 16 Song Z, Landon BE. Controlling health care spending—the Massachusetts experiment. N Engl J Med 2012;366:1560-1.	<ol> <li>Describe the rationale, structure, and outcomes of the Massachusetts state health insurance reform.</li> <li>Explain the role of states in assuring the medical safety-net for vulnerable populations.</li> <li>Contrast the Massachusetts and US health care reform laws.</li> <li>Evaluate the impact of the Massachusetts health insurance reform on health spending in the state.</li> </ol>
14	Tuesday Oct 30	Rising Costs: Causes and Consequences	Read: Study.net #17 Kaiser Family Foundation.	At the conclusion of the readings and the lecture, students should be able to:
		Christopher Forrest	Health Care Costs: A Primer. May 2012. Available at: http://www.kff.org/insurance/ upload/7670-03.pdf  Study.net # 18 Thorpe KE, Philyaw M. The Medicalization of Chronic Disease and Costs. Annu Rev Public Health 2012;33:409- 33.	<ol> <li>Describe trends in US health spending overall and by sector.</li> <li>Explain the primary and secondary drivers of these trends.</li> <li>Suggest and evaluate alternative strategies for controlling costs.</li> <li>Identify reasons for why costs have inexorably risen in the past and are likely to rise in the future.</li> </ol>
15	Thursday Nov 1	Leadership Challenges and Opportunities for Health Insurance in an Era of Health Reform	Skim: Study.net 18A IBC 2011 Annual Report Walking the Talk. Also available at:	Independence Blue Cross (IBC)headquartered on Market Street in Philadelphiais one of the region's largest insurers, covering over 3.1 million members. Dr. Steven Udvarhelyi, an internist, has extensive experience as a health insurance leader, leading
		Guest Speaker:  Steven Udvarhelyi (EVP for Health Services, Independence Blue Cross,	http://www.ibx.com/pdfs/com pany_info/our_company/2011 _annual_report.pdf	innovations in models that simultaneously address the triple aim of assuring an optimal care experience, managing costs, and promoting population health.
		Inc.)	Read:	At the conclusion of the readings and the lecture,

			Study.net # 18B	students should be able to:
			Health Insurance, Morrisey.	
			Chapter 11: "Managed Care	1. Describe the objectives of insurers and
			Backlash, Provider	evaluate how they interact with one another.
			Consolidation, Monopsony	2. Discuss the types of programs that IBC has
			Power, and Most Favored	developed to advance its mission of
			Nation Clauses." Health	promoting the health and wellness of its
			Administration Press, 2008.	members and community.
				3. Evaluate alternative methods that insurers
			Study.net #18C	can use to control costs and maintain their
			Berenson RA, Ginsburg PB,	financial stability.
			Christianson JB, Yee T. The	4. Examine the causes and consequences of the
			growing power of some	managed care backlash.
			providers to win steep	
			payment increases from	
			insurers suggests policy	
			remedies may be needed.	
			Health Aff (Millwood).	
16	Tuesday	C St1 #2	2012;31(5):973–981.	1. Co
10	Nov 6	Case Study #2 Key State Blue Cross & Blue	Read and Analyze Case: Study.net #19	1. <b>Case write-up assignment:</b> Key State Blue Cross and Blue Shield (KSBCBS) has
	NOVO	Shield Plan's Market Strategy	HBS Case: "Key State Blue	pursued a customer-focused strategy. What
		Silielu I iaii s Wai ket Strategy	Cross and Blue Shield Plan:	are some of the alternative strategies that
		Christopher Forrest	A Strategy for Winning in the	KSBCBS could pursue? Can health plans
		Christopher Forrest	Market Through Customer-	win in the marketplace following the
			Focused Service" (2010)	customer-focused approach? What
			Tocused Service (2010)	challenges does KSBCBS face by competing
			Post Case Memo on Canvas	on customer service? (~ 2 pages)
			by 11:59 PM, Monday,	on customer service: (*2 pages)
			November 5.	2. Based on your understanding of insurers,
				what are the key objectives of health
				insurance plans and how do they interact
				with one another? Does improved customer
				service help them to meet these objectives?
				(~1 page)
				3. Do investments in information technology

				(IT) help health insurance plans to become more efficient and to compete in the marketplace? What else might be needed beyond IT to gain efficiencies and compete? (~2 pages)
Unit 3:	PROVIDERS			
17	Thursday Nov 8	Medical Profession and the Health Care Workforce Christopher Forrest	From: Study.net #20 Porter ME, Teisberg EO. Strategic implications for health care providers: moving to value-based competition in the U.S. health care system. Excerpted from Redefining Health Care. Read: pp 1-46 (note second half of this reading is assigned for the Hospitals session.)  Study.net #21 Mick SS. The physician "surplus" and the decline of professional dominance. J Health Polit Policy Law. 2004;29(4-5):907–24.	At the conclusion of the readings and the lecture, students should be able to:  1. Describe the growth and composition of the health care workforce during the 20 <sup>th</sup> and early 21 <sup>st</sup> centuries.  2. Identify determinants of physician supply and formulate opinions on whether there is currently a shortage or surplus of physicians.  3. Evaluate alternative physician payment systems' and physician organizational models' effects on care, quality, and costs.  4. Examine physicians' strategic options for successfully competing on value.
18	Tuesday Nov 13	Hospitals Christopher Forrest	From: Study.net #20 Porter ME, Teisberg EO. Strategic implications for health care providers: moving to value-based competition in the U.S. health care system. Excerpted from <i>Redefining</i>	At the conclusion of the readings and the lecture, students should be able to:  1. Describe the roles that hospitals play in the health care value chain.  2. Evaluate alternative hospital payment systems' and organizational models' effects on care, quality, and costs.

10			Health Care. Read: pp 46-100 (note first half of this reading is assigned for the Physicians session.)  Read: Study.net #22 Grube ME, Fuller BP, Patel C. Ready or Not for the New Healthcare Era. Report from the Governance Institute and Kaufman, Hall & Associates. (2011)	<ol> <li>Describe the historical transformation of hospitals in the U.S. and articulate how this history affects modern hospitals' mission, structure, governance, and ownership.</li> <li>Examine hospitals' strategic options for successfully competing on value.</li> </ol>
19	Thursday Nov 15	Leading Academic Health Centers and Hospital Strategy  Guest Speakers:  Madeline Bell, President and COO, Children's Hospital of Philadelphia  Tom Todorow, EVP and CFO, Children's Hospital of Philadelphia	Read: Study.net #23 Porter ME, Daly CA, Dervan A. HBS Case: The Children's Hospital of Philadelphia's Network Strategy. (2011)	Madeline Bell and Tom Todorow lead one of the world's best pediatric academic health centers: the Children's Hospital of Philadelphia (CHOP). CHOP leadership is continuously challenged to balance its innovation, quality, customer service, and growth strategies amid a tumultuous market place.  At the conclusion of the readings and the lecture, students should be able to:  1. Evaluate how the unique characteristics of children affect the organization and delivery of pediatric care.  2. Contrast the risks and potential benefits of CHOP's regional growth strategy.  3. Identify the operational and financial challenges and opportunities posed by CHOP's disease-specific centers of excellence.  4. Forecast how CHOP's network growth strategy positions the organization to compete on pediatric health care value over the next decade.

20	Tuesday	The Quality Challenge for	Dood Study not # 22 A	At the conclusion of the readings and the lecture,
20	Nov 20	The Quality Challenge for Healthcare Providers	Read Study.net # 23 A From:	students should be able to:
	NOV 20	neathcare Providers		students should be able to.
			Quality by Design, Eugene C	
		Christopher Forrest	Nelson, Paul B Batalden,	1. Compare and contrast financial and
			Marjorie M Godfrey, eds.	organizational barriers and facilitators to
			Jossey-Bass, 2007.	achieving a high level of quality.
			Read:Chapter One. Nelson,	2. Describe the characteristics of high-
			Bataldan, Huber, Johnson,	performance health services systems.
			Godfrey, Headrick, Wasson.	3. Identify and evaluate the leadership
			"Success Characteristics of	challenges for health services systems that
			High-Performing	seek high performance levels.
			Microsystems." pp 3-33.	4. Forecast the effects of value-based payment
				on health services systems.
			Read:	
			Study.net #23 B	
			Lee TH. "Turning Doctors	
			into Leaders." Harvard	
			Business Review. 2010.	
	,	November 22 – Thanksgiving Day – N		
21	Tuesday	<b>Chronic Disease and</b>	Read:	At the conclusion of the readings and the lecture,
	Nov 27	Multimorbidity: Prevention and	Study.net # 24	students should be able to:
		Care	Atul Gawande, "The Hot	
			Spotters", New Yorker	<b>1.</b> Describe the population burden and causes of
			January 24, 2011	chronic disease and multimorbidity.
		Christopher Forrest		<b>2.</b> Evaluate how the burden of chronic disease
			Study.net #25	and multimorbidity affect the structure and
			Glassman A, Gaziano TA,	function of preventive, curative, and
1				
			Bouillon Buendia CP,	rehabilitative services (including post-acute
			Bouillon Buendia CP, Guanais de Aguiar FC.	rehabilitative services (including post-acute and long-term care) as well as the costs of
			· ·	· · · · · · · · · · · · · · · · · · ·
			Guanais de Aguiar FC.	and long-term care) as well as the costs of
			Guanais de Aguiar FC. Confronting the chronic	and long-term care) as well as the costs of care.
			Guanais de Aguiar FC. Confronting the chronic disease burden in Latin	<ul><li>and long-term care) as well as the costs of care.</li><li>3. Discuss employers' responses to managing and alleviating the burden of chronic disease among their workforce.</li></ul>
			Guanais de Aguiar FC. Confronting the chronic disease burden in Latin America and the Caribbean.	<ul><li>and long-term care) as well as the costs of care.</li><li>3. Discuss employers' responses to managing and alleviating the burden of chronic disease</li></ul>

22	Thursday Nov 29	Case Study #3 Hospital Strategy: The Cleveland	Study.net # 26 Berry LL, Mirabito AM, Baun WB. What's the hard return on employee wellness programs? <i>Harv Bus Rev</i> . 2010;88(12):104–12–142.  Read and Analyze Case: Study.net #31	employers, and insurers.  Case write-up assignment:
		Clinic's Business Model  Guest Speaker:  Martin Harris, MD, MBA, CIO, Cleveland Clinic	"HBS Case: The Cleveland Clinic: Growth Strategy 2012"  Post Case Memo on Canvas by 11:59 PM, Wednesday, November 28.	<ol> <li>Discuss the impact of health care reform on the Cleveland Clinic's current business model. What aspects pose the greatest opportunity? What represents the biggest threats? (~1 page)</li> <li>How vital is the role of paying physicians on a salary basis to the Cleveland Clinic's culture? Do you believe the changes it has made over the past decade would have been possible if its physicians were fee for service? (~0.5 pages)</li> <li>Do you believe that the Cleveland Clinic's investment in preventive health and a patient-centric reorganization will be a financially successful strategy? (~1.5 pages)</li> <li>You are the CEO of the Cleveland Clinic. Of the growth strategies discussed in the case, which ONE would be the most promising avenue for growth and why? What problems do you see with the other strategies? What internal factors may constrain the Clinic's growth? (~2 pages)</li> </ol>
23	Tuesday	Delivery System Innovations:	Read	At the conclusion of the readings and the lecture,
	Dec 4	Accountable Care Organizations and Medical Homes	Study.net #27 Goldsmith J. Accountable	students should be able to:
		Christopher Forrest	care organizations: the case for flexible partnerships between health plans and providers. <i>Health Aff</i>	<ol> <li>Articulate why ACOs and the medical home care delivery system are innovations.</li> <li>Contrast the structure and functions of ACOs with managed health plans.</li> </ol>

			(Millwood). 2011;30(1):32–40.  Study.net #28 Lewis VA, Larson BK, McClurg AB, Boswell RG, Fisher ES. The promise and peril of accountable care for vulnerable populations: a framework for overcoming obstacles. Health Aff (Millwood). 2012;31(8):1777–1785.  Study.net # 29 Reid RJ, Coleman K, Johnson EA, et al. The group health medical home at year two: cost savings, higher patient satisfaction, and less burnout for providers. Health Aff (Millwood). 2010;29(5):835– 843.  SKIM Study.net #30: Brookings Institute. The ACO Toolkit.	<ul> <li>3. Evaluate the benefits of a high performance medical home on health services value creation.</li> <li>4. Evaluate the benefits of a high performance ACO on health services value creation.</li> </ul>
24	Thursday Dec 6	The Future of the US Health Services System Christopher Forrest	Read: Study.net # 32 McDonough JE. The road ahead for the Affordable Care Act. N Engl J Med. 2012;367(3):199–201. Study.net #33 Bohmer RMJ. The four habits	At the conclusion of the readings and the lecture, students should be able to:  1. Identify the attributes of high-value health care organizations.  2. Think strategically about the likely intended and unintended consequences of the Accountable Care Act on the US health services system.

		of high-value health care organizations. <i>N Engl J Med</i> . 2011;365(22):2045–2047. <b>Study.net</b> # <b>34</b> Naylor CD, Naylor KT.  Seven provocative principles for health care reform. <i>JAMA</i> . 2012;307(9):919–920.	3.	Formulate your own principles for how reforming health care systems to meet the concurrent goals of improving health, enhancing the care experience, and controlling costs.
TBD	Final Exam			