THE WHARTON SCHOOL University of Pennsylvania

COMPARATIVE HEALTH CARE SYSTEMS (HCMG 859/HCMG 204) FALL 2015

Tuesday/Thursday 9:00-10:20am, Fall 2015 Jon M. Huntsman Hall 360

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OVERVIEW

This course examines the structure of health care systems in different countries, focusing on the design and financing of public and private insurance; organization of care delivery systems; reimbursement of physicians, hospitals, pharmaceuticals and devices; and adoption of new technologies and expenditure controls.

We study the relative roles of private sector and public sector insurers and providers, and the effect of system design on cost, quality, efficiency and equity of medical services.

Some issues we address are normative: Which systems and which public/private sector mixes are better at achieving efficiency and equity? Other issues are positive: How do these different systems deal with the tough choices, such as decisions about new technologies? We focus first on mature systems, including Germany, the United Kingdom, Canada and Korea, which represent four prototypical system designs, and Italy and Singapore, which illustrate other interesting approaches. We also look at middle and low income countries with emerging systems –including Chile, Brazil, India and China – and at major cross-cutting issues such as life-expectancy and infant mortality rates, pay for performance and service quality. We will draw lessons for the US from foreign experience and vice versa.

READINGS

All course readings are required unless marked as optional. You should just focus on the main concepts and design features of each country's system of financing and reimbursement, including important changes over time. Details on specific dates, names, or minor statistics are not required.

- A.) All readings that are available without copyright fees are posted in the Files section of Canvas in lecture-specific folders. You can view or print the readings on your own from Canvas: https://canvas.upenn.edu/.
- B.) All copyright protected readings require payment of a copyright fee. These must be ordered through Study.Net, which may be accessed via Canvas using the link on the course home page or in the left column. Non-MBA students must pay this fee to Study.Net. For MBA students, it is already collected through tuition.
- C.) You have the option to order a printed copy of the Study.Net course pack. Course packs are ordered via Study.net and picked up at Wharton Reprographics.

We recommend that you read the assigned articles for each lecture in the order indicated on the syllabus, which reflects changes over time for each country.

"International Profiles of Health Care Systems, 2014" Commonwealth Fund Pub. No. 1645 provides overviews of several countries that we cover (Canada, England, Germany, Italy, Japan, and the U.S.), as well as several other OECD countries. This is posted in the Readings file on Canvas.

CANVAS ACCESS

Students who have a Wharton account will automatically have access to Canvas once they register for the class. Students who do not yet have a Wharton account can create one at http://accounts.wharton.upenn.edu. If you have problems, contact the Wharton courseware consultants at the WCIT office, online, or via email (courseware@wharton.upenn.edu). Class handouts, any changes to the schedule or readings, and other materials will be posted on Canvas.

CLASS PARTICIPATION

Class attendance and contributions to in-class discussion are important. Fifteen percent of the final course grade is allocated to class participation. Please bring a name card to each class to help us learn your name and assure that you receive credit for your contributions.

TERM PAPER AND PRESENTATION

Students will write a brief (about 10 pages) paper related to the health care system in one or more countries. You may work in groups of up to four students, or individually. Possible topics include: how a particular country has dealt with a costly technology or service, such as cancer drugs, long term care or electronic medical records; the role of private vs. public sector in insurance or service provision or medical education; specific health issues, such as smoking etc. We will provide a list of possible topics early in the semester, but encourage you to think of a topic of specific interest to you. The US should NOT be the main focus of the paper, although it may be used for comparison. The paper should also not replicate material covered in class or in the assigned readings. The **paper** is due in class November 19 (NO EXCEPTIONS). In addition to the hard copy submitted in class, please submit an electronic copy of your paper via Canvas. The papers will be presented and discussed in class.

CASE WRITE-UP

Students should come to class prepared to discuss all the three assigned cases. In addition, each student is required to write up ONE of the three cases.

FINAL EXAM

A final exam is scheduled on the University exam date. Students may instead take the optional make-up exam on December 8^{th} , during the last class period. The final will include a choice of several short essay questions and several short-answer/quiz questions. A sample exam will be posted on Canvas.

GRADING

| Paper | 30% |
|---------------------|-----|
| Final exam | 45% |
| Case write-up | 10% |
| Class participation | 15% |

CLASS SCHEDULE AND READINGS

August 27: Introduction and Overview

- Fuchs (2013) "How and Why US Health Care Differs From That in Other OECD Countries."
 JAMA 309(1) 33-34.
- o Deloitte (2015), "2015 Global Health Care Outlook: Common Goals, Competing Priorities"
- Browning and Browning (1983). "Criteria for Policy Evaluation," in <u>Public Finance and the Price System</u>, 2nd ed. 1983, p. 8-21. [<u>Available from Study.Net</u>] (Review of Equity and Efficiency.)
- o "The Economist explains: How to compare health-care systems" http://www.economist.com/blogs/economist-explains/2014/06/economist-explains-16#

September 1: Trends and Framework of Analysis - Prof. Patricia Danzon

- Squires (2012). "Explaining High Health Care Spending in the US: An International Comparison of Supply, Utilization, Prices and Quality." Commonwealth Fund pub. 1595 V.10.
- U.S. Health in International Perspective: Shorter Lives, Poorer Health (2013) http://pnhp.org/blog/2013/01/10/u-s-health-in-international-perspective-shorter-lives-poorer-health/
- o Schoen, T., Osborn, R., Squires, D., et al. (2010). "How Health Insurance Design Affects Access to Care and Costs, by Income, in Eleven Countries." *Health Affairs* 29(12):2323-2334.
- **Optional** Nolte, E. and M. McKee (2008). "Measuring the health of nations: Updating an earlier analysis." *Health Affairs* 27(1):58-71.

<u>September 3: The US Health Care System: Overview and Proposed Reforms - Prof. Patricia</u> <u>Danzon</u>

- o "Health Care Costs: A Primer" May 2012. Kaiser Family Foundation.
- o Altman and Frist, "Medicare and Medicaid at 50 Years" JAMA July28 2015
- o Talbert, J. (2015) "The Coverage Provisions of the ACA: An Update" KFF.org Mar. 2, 2015

Optional backgrounders on the US healthcare system

- o Shaw et al. (2014). "The Patient Protection and Affordable Care Act: opportunities for prevention and public health." *The Lancet* 384:75-82.
- o Lorenzoni et al. (2014). "Health-care expenditure and health policy in the USA versus other high-spending OECD countries." *The Lancet* 384:83-92.
- "Summary of the Affordable Care Act." April 2013. Kaiser Family Foundation.
- o "Medicare: A Primer." April 2010. Kaiser Family Foundation.
- o "Medicaid Moving Forward." June 2014. Kaiser Family Foundation.

September 8: Germany I: Overview and Recent Insurance Reforms

- o Civitas (revised 2013). "Health Care Systems: Germany".
- o Gopffarth and Henke. (2013). "The German Central Health Fund Recent developments in health care financing in Germany." *Health Policy* 109:246-252.

<u>September 10: Germany II: Pharmaceuticals, Disease Management; West German Headache Center Case</u>

- o Henschke et al. (2013). "Structural changes in the German pharmaceutical market: Price setting mechanisms based on early benefit evaluation." *Health Policy*. 109:263-269.
- o Stock, S. et al. (2010). "German diabetes management programs improve quality of care and curb costs." *Health Affairs* 2(12):2197-2205.
- Case: West German Headache Center: Integrated Migraine Care HBS 9-707-559 [<u>Available from Study.Net</u>]

September 15: United Kingdom I: Background and the Internal Market

OECD (2009). "Chapter 3: The NHS: An economic health check" in *OECD Economic Surveys: United Kingdom*, p. 73-99.

September 17: United Kingdom II: Recent Reforms

- House, J. (2011). "UK National Health Service reforms mobilise doctors." The Lancet 377: 797-800.
- Lockwood and Macfie. (2012). "Prioritizing clinical care in the cash-strapped NHS." Surgery 30:9
- o Doran, T. and M. Roland (2010). "Lessons from major initiatives to improve primary care in the United Kingdom." *Health Affairs* 29(5):1023-29.
- o Holmes, D. (2013) "All change for NHS in England as legislation takes effect." *The Lancet* 381: 1169-70.

September 22: Canada I: Overview and Structure

- o Commonwealth Fund. *International Profiles of Health Care Systems: The Canadian Health Care Syste*. 2012.
- o Barer, M.L. et al. (1996). "Re-Minding our P's and Q's." *Health Affairs* 15(2):216–234.
- ** Optional** Lewis, S. (2015) "A System in Name Only Access, Variation, and Reform in Canada's Provinces." *NEJM* 372(6): 497-500.

September 24: Canada II: Public/Private; Pharmaceuticals

- o Hutchison and Glazier (2013). "Ontario's Primary Care Reforms Have Transformed the Local Care Landscape." *Health Affairs* 32(4):695-703.
- o Daw et al. (2012) "Stitching the gaps in the Canadian public drug coverage patchwork" *Health Policy* 104:19-26.
- **Optional** Law et al. (2013)."Growth in private payments for health care by Canadian households." *Health Policy* 110:141-146.
- ** Optional** Morgan et al. (2013). "Canadian policy makers views on pharmaceutical reimbursement contracts involving confidential discounts from manufacturers." Health Policy 112:248-254.

September 29: Korea's Health Care System

- o Kwon, S. (2009), "Thirty years of national health insurance in South Korea: lessons for achieving universal health care coverage", *Health Policy and Planning* 24: 63-71
- o Jung, M. (2015), "National Cancer Screening Programs and Evidence-Based Healthcare Policy in South Korea", *Health Policy* 119(1): 26–32

 Lee et al. (2015) "Unmet healthcare needs depending on employment status." Health Policy 119(7): 899-906

October 1: Health Systems in Emerging Markets I: Insurance Options; Provider quality; Priority Setting

- o Mills, A. 2014 "Health Care Systems in Low and Middle Income Countries." NEJM. 370:552-7.
- Das and Gertler, 2006. "Variations in practice quality in five low-income countries." *Health Affairs* 26(3): w296-w309.
- o Binagwaho et al. (2014) "Rwanda 20 years on: investing in life." *Lancet* 384:371-5.

October 6: Latin America I: Chile

- o Missoni and Solimano, (2010). "Towards Universal Health Coverage: The Chilean Experience" *World Health Report (2010) Background Paper 4.*
- o Bitran, R. et al. (2010). "After Chile's Health Reform: Increase in Coverage and Access." *Health Affairs* 29(12):2161-70.
- o Veloso Olguin, J.F. (31 January 2012). "Chilean pharmacies fined US\$38 million for price collusion." The Santiago Times. [Available from Study.Net]
- **Optional** Atun et al. (2015). "Health-system reform and universal health coverage in Latin America." *The Lancet* 385(9974): 1230-1247.

October 8: Fall Break

October 13: Italian National Health Service - Prof. Eugenio Anessi, Catholic University, Rome

- o France, G. and F. Taroni (2005). "The Evolution of Health Policy-Making in Italy." *JHPPL* 30(1-2):169-87. [Available from Study.Net]
- o *The Economist.* "Italian payment practices: Unhealthy delays." 6/23/12.
- De Belvis et al. (2012). "The financial crisis in Italy: Implications for the healthcare sector."
 Health Policy 106:10-16

October 15: Changing the Organization of Delivery Systems: Public-Private Partnerships

- o Mccllelan et al (2014). "Accountable Care Around the World: a Framework to Guide Reform Strategies." *Health Affairs* 33(9) 1507-1515.
- o OECD (2015), "Chapter 2: Primary care provision in Portugal" in OECD Reviews of Health Care Quality: Portugal 2015, pages 75-91.
- o Barlow et al. (2013). "Europe sees mixed results from public-private partnerships for building and managing health care facilities and services." *Health Affairs* 32(1):146-154.
- **Optional** McKinsey & Company (2015). "The Evidence for Integrated Care." *Healthcare Practice*, March 2015.

October 20: Quality Monitoring; P4P; Review of Cost Containment

- o Busse, R., U. Nimptsch, and T. Mansky (2009). "Measuring, monitoring, and managing quality in Germany's hospitals." *Health Affairs* 28(2):w294-304.
- Sutton et al. (2012). "Reduced Mortality with Hospital P4P in England." NEJM 367: 1821-8.
- O Quentin et al. (2013). "Hospital Payment Based on Diagnosis-Related Groups Differs in Europe and Holds Lessons for the US." *Health Affairs* 32(4) 713-723.
- o Raftery. (2013). "Value-based pricing: Can it work? BMJ 11 Oct.

October 22: Rationing by Cost-Effectiveness Analysis

- o Chalkidou, K. et al. (2009). "Comparative Effectiveness Research and Evidence-Based Health Policy: Experience from Four Countries." *The Milbank Quarterly* 87(2):339-367.
- o Raftery (2009) "NICE and the challenge of cancer drugs." BMJ 338:271-2.
- o Groeneveldt (2012). "How drug-eluting stents illustrate our health system's flawed relationship with technology." *Archives of Internal Medicine* August 2012.
- o "Evaluating medical treatments: Evidence, shmevidence." *The Economist* June 16th 2012.
- **Optional** Neumann, P. and M. Weinstein (2010). "Legislating against Use of Cost-Effectiveness Information." *NEJM* 363(16):1495-7.

October 27: Regulation of Pharmaceuticals I: Prototypes

- Danzon, P. (2012). "Regulation of Pricing and Reimbursement" in <u>Handbook on the BioPharmaceutical Industry</u>. Eds. P. Danzon and S. Nicholson. Oxford University Press. [Available from Study.Net]
- o Drummond, M. et al. (2010). "Reimbursement of pharmaceuticals: reference pricing vs. health technology assessment." *Eur. J. Health Econ* 12(3):263-71.

October 29: Emerging Markets II: China - Donald D. Yin, Ph.D, Associate Vice President, Center for Observational and Real-world Evidence, Merck & Co.

- Swedish Agency for Growth Policy Analysis. "China's Healthcare System: Overview and Quality Improvements" (2013).
- Yip, W.C.M. et al. (2012). "Early appraisal of China's huge and complex health reforms." *The Lancet* 379:833-42.
- Blumenthal, D. and William Hsiao, (2015), "Lessons from the East China's Rapidly Evolving Health Care System", NEJM 372: 1281-1285.
- o "Feeling your pain." *The Economist* 4/27/13.
- "Corruption blights China's healthcare system."
 http://world.time.com/2013/08/02/corruption-blights-chinas-healthcare-system/print

November 3: Singapore: Overview and Medical Savings Accounts - Prof. Mark Pauly

- o McKee and Busse (2013). "Medical savings accounts: Singapore's non-solution to healthcare costs." *BMJ*, 347.
- o LKY (2013). "Healthcare Financing: How should Singapore's MOH shift costs from private pockets to public purse?" NUS.
- Haseltine, W., "Singapore's Health Lessons for the U.S.", 05/06/2013, Brookings Institute, http://www.brookings.edu/blogs/up-front/posts/2013/05/06-singapore-health-care-system-haseltine
- Ministry of Health, "Costs and Financing", 01/14/2015, https://www.moh.gov.sg/content/moh_web/home/costs_and_financing.html

<u>November 5: Latin America II: Brazil - Dr. Leandro Reis MD, Director, National Private Health Insurance Agency</u>

- o Paim, J. et al. (2011). "The Brazilian health system: history, advances and challenges." *The Lancet* 377(9779):1778-97.
- o McKinsey & Company (2013). "Perspectives on Health Care in Latin America", p. 5-10.

o Case: AMIL and the Health Care System in Brazil. HBS 9-312-029. [Available from Study.Net]

November 10: Regulation of Pharmaceuticals II: TRIPs, Differential Pricing, Generics

- o Milstein and Kaddar. (2006) "Managing the effect of TRIPS on availability of priority vaccines." *Bulletin of WHO* 84:360-65.
- o Faden et al. (2011) "Active pharmaceutical management strategies of health insurance systems to improve cost-effective use of medicines in low and middle income countries: A review of the evidence." *Health Policy* 100:134-143.
- Danzon, P., Mulcahy, A.W. & Towse, A.K. (2011). "Pharmaceutical Pricing in Emerging Markets: Effects of Income, Competition and Procurement." NBER Working Paper No. 17174. (Skim for main points)

November 12: IT and Electronic Health Records (EHRs); Medical Devices:

- o Schoen et al. (2012). "A survey of primary care doctors in 10 countries shows progress in use of health IT, less in other areas." *Health Affairs* 31(12):2805-2816.
- o McKinsey & Company, "Healthcare's Digital Future", July 2014.
- o Basu et al. (2012). "Patient Access to Medical devices A comparison of US and EU review processes." NEJM August 9, 2012.
- Campillo-Artero, (2012)."A full-fledged overhaul is needed for risk and value-based regulation of medical devices in Europe." *Health Policy* 113:38-44
 - **Papers due by 9am (hard copy in class and electronic copy via Canvas)**

November 17: Determinants of Health Outcomes: More than Medical Care?

- o NAS/IOM (2012). "Shorter Lives, Poorer Health: US Health in International Perspective: Summary." National Academy of Sciences. P. 1-9.
- Liu, K. et al. (1992). "International Infant Mortality Rankings: A Look behind the Numbers," HCFA Review, 13(4):105-18.
- o Murray, C. et al. (2005). "Eight Americas: New Perspectives on US Health Disparities." *Amer J Prev Med* 29(5S1):4-10.

November 19: Healthcare Globalization; Medical Tourism; Dental Care

- o Leng, C.H. (2010). "Medical Tourism and the State in Malaysia and Singapore." *Global Social Policy* 10: 336.
- Lautier, M. (2014). "International trade of health services: Global trends and local impact." Health Policy 118(1): 105-113.
- Kim et al. (2013). "Redefining global health-care delivery." The Lancet 382(9897): 1060-1069.
- o Case: "Jiamei Dental: Private Health Care in China." HBS #910404. [Available from Study.Net]

November 24: Emerging Markets III: India - Prof. Steve Sammut

- Yesudian et al (2014), "The economic burden of diabetes in India: a review of the literature", Globalization and Health 10:80
- Gupta, "Awareness, Utilization and Financial Implications of RSBY in slum areas of Delhi", mimeo
- o WHO India's Statistical Profile, 2012

November 26: Thanksgiving Break

December 1: Student Presentations I

December 3: Student Presentations II

December 8: Make-up Final

o 8:30AM – 10:30AM

December 16: Final

○ 9:00AM – 11:00AM